

TRINITY LIFE

February and
March 2024

START HERE...

I remember watching the film “Meet the Parents” many years ago. In it the main character Greg is trying to impress his future in laws by saying grace before a meal time. Towards the end of a rambling monologue, he stumbles his way towards a prayer he seems to dredge up from deep in his memory. “May we know you more clearly, love you more dearly, and follow you more nearly. Day by day.” He then utters a relieved ‘amen’ and the food begins!

Whether you’re starting a meal or beginning a day, planning an agenda or sharing as a small group, the words of this ancient prayer aren’t a bad place to begin a new season of our life together. “Know God clearly.” “Love him dearly.” “Follow him nearly.”

“Amen” to that? In a busy church or across a troubled world? As Lent begins and Easter approaches? This is a prayer to have open minds to know God more, open hearts to love God more, and open lives to follow God more. And we do so every day. Or - as we often put it here - this call to follow Jesus is for “everyone, everyday, everywhere, and in everything”.

Read on for some of the different ways in which we want to be supporting each other and resourcing you to do that more. As always, you’d be really welcome to join in with what God is doing here, and walking together on the journey of faith, hope and love as 2024 continues.

Phil Cansdale, Vicar



Find out lots more about all that’s coming up:

www.trinitychurches.org

Trinity Churches?

We are a thriving community of Christians in Meole Brace, Radbrook Green and the wider Shrewsbury area. Together we are growing faith, proclaiming hope, and living the love of Jesus.



KNOW - PRAY - SERVE - JOIN - THANKS

There are lots of ways in which people use their gifts to **serve God and other people**, including by rolling up their sleeves and serving in the life of the local church. We're currently looking for people to serve in midweek and Sunday youth work, the Cafe Connect team, Sunday service teams and children's work. Support, training and a 'learn together on the job' are all part of our commitment to those serving in this way. For more info chat to one of the staff team.

What are you doing this summer? Why not join us at **New Wine Summer Conference?** This year there is one conference back at the 'home of New Wine' in Shepton Mallet, Somerset. Dates are 25th July to 30th July 2024. You'll need to consider booking early as it sounds like it might be quite full up. Chat to Phil, Fi or one of the other people who went last year for more info.

Over December we were able to help about 30 families from the local area thanks to the **Cost of Living Fund**. Thank you so much for the generosity of many which means we can be generous to people, households and projects at a tough time for many. For more info about the fund - or to seek support - speak to one of the team or go to www.trinitychurches.org/living

Over the last few weeks we've welcomed some new colleagues onto the team. Rachel Cama is our new **Pre-school worker**, working alongside Cerys with a particular role to oversee toddler groups on a Monday and Thursday and supporting Little Buds Toddler Church. Kelly Ashton-Pallatina started work as **verger**, with a responsibility for looking out for the church and being a welcoming presence at weddings, funerals etc.

James Boak has recently become one of our **parish safeguarding officers**, working alongside Rachel Woods in this role. Safeguarding is everyone's responsibility, and we all have a part to play. If you ever have any concerns or questions speak to one of the team, or to the safeguarding officers. Contact 01743 362399, or email safeguarding@trinitychurches.org.



Contact the Church Office on 01743 362399
Or catch up on latest news - and read the weekly email -
www.trinitychurches.org/news

Sunday Gatherings



Holy Trinity Meole Brace (HT)

9am – 10.15am. A more traditional service of Holy Communion

11am – 12.15pm. A contemporary morning service

6.30pm - 7.45pm. An informal evening service in the Trinity Centre



Christ the King Radbrook (CTK)

10.30am–11.45am. A contemporary service meeting in Radbrook Community Centre

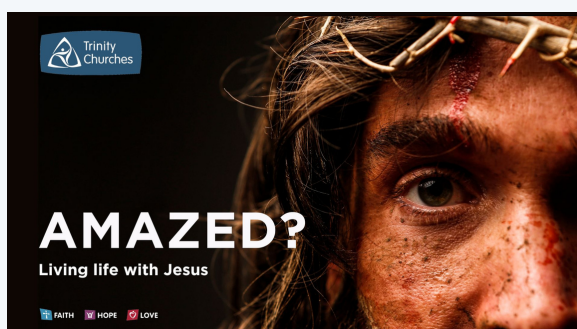
We are also supporting our neighbouring parish of

Holy Trinity Belle Vue (HTBV)

10.30am–11.45am. A contemporary morning service at Holy Trinity Belle Vue, Belle Vue Road.



Sunday Themes



From January till Easter we are going to be looking at the life of Jesus. We're going to be reminded of how the disciples were continually amazed by Jesus. For three years they walked with him, talked with him, ate with him and even watched him sleep. And still, time and time again, they were astonished at the Son of Man.

We'll be following Jesus from crib (just about) to the cross and the resurrection, and the promise that he will come again.



In our evening services we're going to be taking a look at the big sweep of the story of God. "Hold onto your hats", as we're going to go on a journey from Genesis to Revelation in ten evenings. Alongside this we'll be enjoying our usual "Presence" events on the first Sunday of each month.

SUNDAY SERVICES

0s-18s

There are many activities for children and youth across our life at Trinity. For Sunday gatherings most people start off at the 11am at Meole Brace Church, where Trinity Kids and Trinity Youth age-related groups meet each week. On the second Sunday of each month at 11am is an all-ages celebration.

CHURCH ONLINE

You can join us online for one service every week which you can find on Facebook, or a link off our website at www.trinitychurches.org. We usually livestream the 11am service, though on the second Sunday of the month we usually livestream the 9am instead.

COMMUNION

Our usual service pattern is weekly communion at 9am, then monthly at other services. (1st Sunday of month at 6.30pm, third Sunday of month 11am and HTBV, and fourth Sunday of month at CTK).

There are also two midweek services of Holy Communion taking place, 10am on first Thursday of month Belle Vue, and 10am on third Thursday of month Meole Brace.

| Date | Morning Congregations (9 & 11am HTMB, 10.30am CTK, 10.30am HTBV) | Evening Congregation (6.30pm HTMB) |
|-----------------------------|---|---|
| 4th February | "He is glorious" Colossians 1:15-20 Mark 9:2-13 | PRESENCE |
| 11th February | "He rests" 2 Corinthians 4:3-6 Matthew 11:25-30 | "Friends look to the future" Isaiah 11:1-9 |
| 18th February | "He is royal" 1 Peter 3:18-22 Mark 11:1-11 | "Friends start again" John 1:1-18 |
| 25th February | "He serves and saves" Romans 4:13-25 John 13:1-17 | "Friends learning together" Matthew 5:1-12 |
| 3rd March | "He is the way" 1 Corinthians 1:18-25 John 14:1-7 | PRESENCE |
| 10th March | "He keeps a promise" Ephesians 2:1-10 Matthew 26:17-30 | "Our best friend dying" Mark 15:33-41 |
| 17th March | "He is Lord" Hebrews 5:5-10 John 18:28-40 | "Friends on the road" Luke 24:11-35 |
| 24th March (Palm Sunday) | "He looks and sees" Phillipians 2:5-11 John 19:1-16 | "Friends made new" 2 Corinthians 5 |
| 31st March (Easter Day) | "He wins" 1 Corinthians 15:1-11 John 20:1-18 | "Friends forever" Revelation 21 |



For Church online - as well as our Monday to Friday "Six o'clock live" gatherings on Facebook - go to www.trinitychurches.org/live

This year we're going to be walking through the story of Holy Week and Easter. Real time. Real place.

We're adapting some material we first used in 2016. Jerusalem-Meole is a recreation of the events of Holy Week, with gatherings in person and online each day as we read the gospel accounts at the time they actually occurred, and in the Shrewsbury-equivalent of where they took place. The idea is to give people a sense of how this most important of weeks worked out, and without getting on a plane to find a way of 'walking in the footsteps of Jesus.'

So the Meole Estate and Meet Place 'becomes' Gethsemane, Radbrook Green 'becomes' the Upper Room and Caiaphas' house, and the Longden Road cemetery doubles up as Golgotha and the place of the resurrection. Meole Brace Church becomes the temple area, and the Emmaus Road is heading into town.

Each day will feature an opportunity either to meet in "real time, real place", or to join in at another time online to catch up. As Maundy Thursday, Good Friday and Easter Day approach we 'take to the streets' a bit more, featuring the sort of distances, directions and discussions which Jesus would have known in first century Jerusalem.

Easter Day is on 31st March this year. Full dates and times through Holy Week, map and further details will be available nearer the time.



Find out more, or volunteer to help..

www.trinitychurches.org/events



Trinity Table

Trinity Table is our monthly lunch event where you can meet new people, enjoy great conversation and share a delicious home-cooked meal. Sign ups required via our website or contact the church office. Future dates for this include 26th March (note date change from April) when we also enjoy a short service beforehand at 12pm.



Ash Wednesday

"Remember that you are dust, and to dust you shall return." These are always humbling words to hear, a reminder of our frailty in life as well as our beauty in Gods' eyes. We'll be hosting our usual service on Ash Wednesday, which will include a chance for the imposition of ashes and to share in communion together. We'll be meeting in the Trinity Centre



Big Sunday Lunch

Want to join a group who get together every couple of months to share a meal? Suitable for all ages and 'stages', and whether old-timer or newcomer, you'd be very welcome at the next "Big Sunday lunch". If you'd like to join a group - and make the most of opportunities of getting to know other people at Trinity - then let us know and we'll find some space around a lunch table near you!



Newcomers Breakfast

An event for those who are new - or still feeling new - at Trinity. We'll start from 9am with some continental breakfast etc. We'll then have some time together to get to know each other better, meet some of the team here at Trinity, and to hear something about the wider life of the church. Let us know please you're coming, and we'll start ordering some croissants! We look forward to you being with us.



Service of Remembering

At our twice-yearly services we read out a list of names for those for whom we have taken funerals, as well as other names of those perhaps long deceased but still very much on our hearts. There are opportunities to light a candle as a sign of remembering, to enjoy the stillness and peace of the church, and to hear again of the Christian gifts of faith, hope and love. We finish with refreshments at the back of church hosted by our team.



More details from Church Office
Find out more and sign up

www.trinitychurches.org/whatson

CHILDREN AND YOUTH AT TRINITY

We are thrilled to welcome Rachel Cama to the team in her new role as Pre-School Worker. Rachel joins us at a really exciting time when our toddler ministries are flourishing, and we are challenged to think about how we can further help children and their families encounter and grow in the love of Jesus.

Rachel will be working with our amazing team of volunteers to lead our weekly Trinity Tots groups on Mondays at The Trinity Centre (1.15pm) and Thursdays at Radbrook Green Community Centre (10.15am), as well as our monthly Little Buds Toddler Church on the 2nd Friday of each month.

If you are a parent or carer of a pre-school age child, why not pop along to one of these groups? We promise a warm welcome and lots of fun!

As with so many of our ministries, these groups couldn't happen without our fantastic team of hardworking and committed volunteers, to whom we are hugely grateful. But there's always room for more and we are particularly looking for some extra help at our Thursday morning groups and once per month on a Friday morning. Please do chat to Rachel or Cerys if you are interested in finding out more, there really is a job for everyone!



More details from Cerys Hughes (0s-11s)

www.trinitychurches.org

Trinity Youth meet on Sunday mornings as part of the 11am gathering, as well as on Tuesday evenings (weekly younger) and Sunday evenings (monthly older).

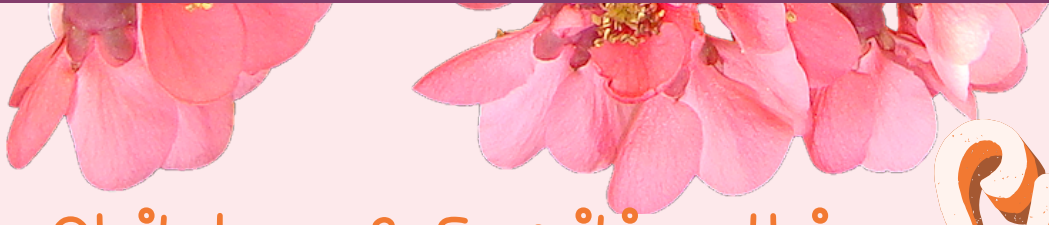
Group name? Tuesday Night Life, meeting 6.30pm to 7.30pm in the Trinity Centre

Fave activity? Seeing how much cream and marshmallows we can fit into one mug. And eating leftover food we find in the fridge at the Trinity Centre.

This term? We're looking at "miracles", and some of the amazing things that Jesus did in the gospels.

Looking forward to? The "Trinity Youth" chocolate-themed Easter social on 22nd March





Children & Families this

Spring



Toddler Groups – Every Week in Term Time
Monday's 1.15 – 2.45 @ The Trinity Centre
Thursdays 10.15 – 11.45 @ Radbrook Community Centre



Little Buds

Toddler Church – Second Friday at 10.30am @
The Trinity Centre

12th January | 9th February | 8th March



Messy Church – First Thursday at 4.30pm @
The Trinity Centre

1st February | 7th March



0-3's Group – Every Week in Term Time
Wednesdays – 9.30 – 11 @ Holy Trinity Belle Vue



Messy Church – First Sunday at 9am @
Holy Trinity, Belle Vue

4th February | 3rd March

29th March Good Friday for All Ages at 10am at Meole Brace
31st March Easter Sunday Celebration Service at 10.30 at Belle Vue and
11am at Meole Brace



It was good in our last Trinity Life to feature a few resources to kick-start people's faith into a new year. How did you get on? Here are a few more which we'd love to recommend:



Fancy a podcast? "**Premier Unbelievable**" is a suite of resources looking at faith in culture, and having engaging conversations to help Christians develop a thinking faith in the public sphere. And the "**Thank God it's Monday**" podcast features conversations with Christians in different sectors of life and work reflecting on whole-life discipleship.



available from your fave podcast app



Stay in tandem with the morning service themes with "**Amazed by Jesus**" by Simon Ponsenby. Or pick up a Lent book like "**Lent and Easter for Everyone**" by Tom Wright or "**Tarry Awhile**" by Selina Stone. Meanwhile recently published is "**Practising the way: be with Jesus, become like him, do as he did**" by John Mark Comer. (author of "Ruthless Elimination of Hurry" which lots of us read during lockdown.)

For children and young people you might want to take a look at "**How Great is our God: 100 indescribable devotions about God and science**" by Louie Giglio, or the **Lion Storyteller Bible** which is our go-to-gift for christening families.



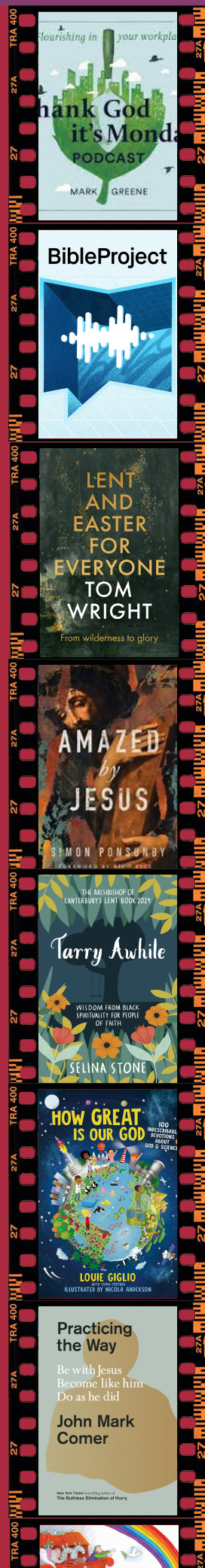
www.illuminatebooks.org.uk



The Bible Project features an amazing array of video resources on every book of the Bible and some of the ebig themes behind them. Each video is about five minutes long, and well worth watching. The site also features podcasts taking you deeper into the big story of the Bible.



www.bibleproject.com



The Trinity Centre

Beautiful celebrations. Inspirational Meetings. Great Value.

Our new price list is now available and we are once again enjoying seeing many of our regular bookers returning this year. We are also encouraged to see an increase in bookings for childrens parties recently so get your booking in now to avoid missing out! Dont forget there is a 10% discount on all bookings for church members.

We are continuing to think about how to make the centre a more welcoming space from new decor and furniture to refreshing and adding signage. Watch this space!

Dont forget to chat to us if you are interested in getting married with us!



More details speak to Helen Hinton on 01743 242660
Or go to the Trinity Centre website at

www.trinitychurches.org/TC

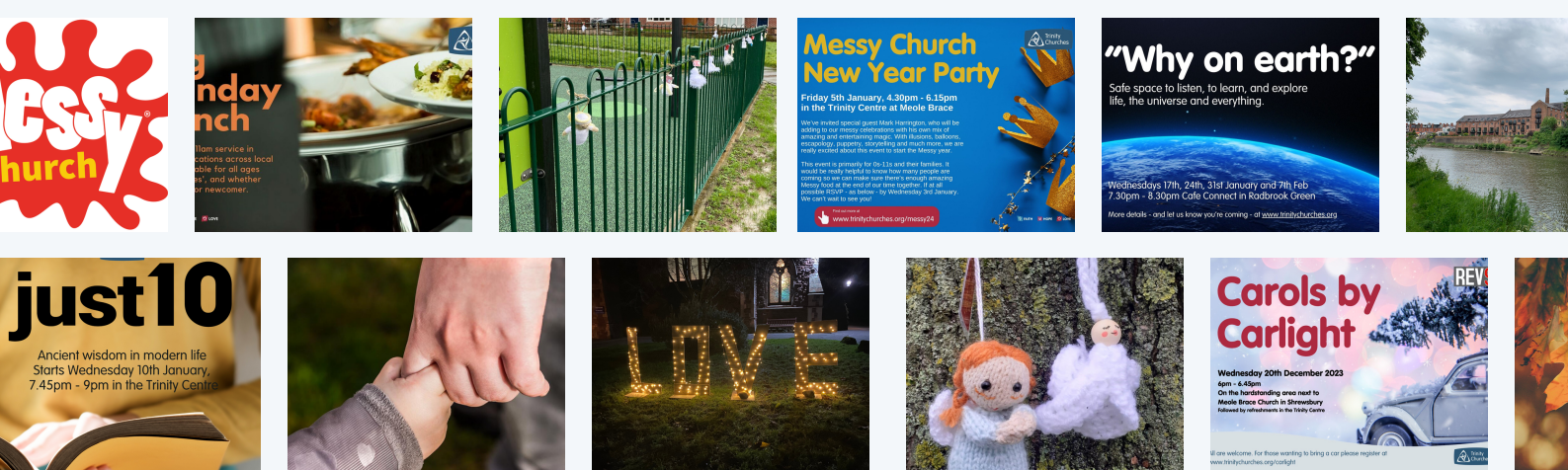
Cafe Connect

Great food, good value, warm welcome

Cafe Connect is open Monday to Fridays 9am to 4pm, and Saturday mornings. Our prayer for the Café is that it continues to be a place of God's welcome and blessing, and where everyone connected with this amazing venture can know something of faith, hope and love.

Meanwhile we're also a gathering place for church friends and meetings. Every Friday 840am till 9am sees a few people pray for the Café's work. Why not come and join us and stay for a coffee afterwards? "Why on earth" is a four week course exploring life, the universe and everything in the Cafe, and there's the monthly prayer for Radbrook Green on the first Tuesday of the month at 7pm. All welcome.





Contacting us

The Church Office. The Trinity Centre,
Meole Brace, Shrewsbury, SY3 9HF.
Tel: 01743 362399. Email: info@trinitychurches.org.
Open 9am – 3pm weekdays.

The Trinity Centre. Tel: 01743 242660.
helen.hinton@trinitychurches.org

Revd Phil Cansdale (Vicar) Tel: 01743 231744.
phil.cansdale@trinitychurches.org.

Ministry Leadership Team:

Revd Phil Cansdale (Vicar), Revd Fi Iddon (Associate Vicar)
Revd Valerie Pitt and Revd Charles Ruxton (Associate Ministers),
Cerys Hughes (Children & Families Minister),
Keith and Amal Moore (Pioneer Community Ministers),
Kevin Pilsbury (Operations Manager)



www.trinitychurches.org



Trinity Churches Shrewsbury



@trinitychurches